APRIL
24
2020

TORRINGTON COVID-19 COMMUNITY UPDATE

The following Community Update is being provided to you from the City of Torrington Emergency Operations Center.

The intent of this document is to provide a summary of preparedness, response and other government activities.

PUBLIC HEALTH

PUBLIC SAFETY & COMMUNITY INFORMATION

MUNICIPAL GOVERNMENT OPERATIONS

SOCIAL SERVICES, YOUTH & FAMILY SERVICES

TORRINGTON PUBLIC SCHOOL DISTRICT

COMMUNITY OUTREACH & DONATIONS

PUBLIC HEALTH

- Help researchers understand how the spread of COVID-19 works, with the **HOW WE FEEL** App, available through Google Play **here** or the Apple Store **here** or for more info you can visit their **website.**

A message from Hartford HealthCare:

- COVID-19, the new coronavirus, has affected the lives of all of us.
- Hartford HealthCare provides an around-the-clock hotline where callers may speak with HHC clinical experts for answers to questions. Feel free to reach out at **860.972.8100 or toll-free 833.621.0600**
- Get real-time text alerts from Hartford HealthCare about the latest developments. You can always text STOP to cancel. Message and data rates may apply. **Text COVID19 to 31996**

Torrington Area Health District:

- For more information from the CDC, State and Local officials, go to the TAHD website **www.tahd.org**
- COVID-19 is HIGHLY contagious, cover your cough!
- It is extremely important that EVERYONE takes this Public Health Emergency seriously
- Stay home whenever possible
- DO NOT go out in public if you have a fever or flu-like symptoms
- Practice social distancing, maintain six feet from other people. IT WORKS!
- Be smart when outdoors, avoid crowded places, use parks when fewer people are present
- Abide by store distancing and occupancy guidelines

Together we can flatten the curve and get back to normal faster!!!

PUBLIC SAFETY & COMMUNITY INFORMATION

- COVID-19 scams are on the rise, requests from the IRS, Treasury, and other agencies should be scrutinized and assessed for there authenticity.
- There is NOT a travel ban! You are still able to drive on the public roadways, and move from state to state freely. Banning people traveling to Torrington is currently against Federal and State Law.
- The Torrington Police Department is not currently conducting fingerprinting for pistol permits, this service will begin when it is safe to do so.
- If you find yourself in need of emergency services please be open and honest with our Litchfield County Dispatchers about any COVID symptoms you may be experiencing, we're all in this together.

- The Susan B. Anthony Project is still providing services for victims of domestic violence, information and resources can be found here
- As we (public safety) move forward with handling calls for service, please meet us outside your residence if possible, it decreases the chances of a possible COVID exposure.
- The Police Department lobby is still open to make complaints, however we prefer you call in complaints for everyone's safety. Please note that our records division is on modified hours Monday through Thursday and out on Friday. Many of the common record requests are available on our website located **here**.
- Torrington Superior Court is currently closed, for more information pertaining to your hearing or any questions you may have please refer to the **Connecticut Judicial Website**

MUNICIPAL GOVERNMENT OPERATIONS

- City Hall will be open Monday through Thursday, and closed on Friday. There will be no extended hours. If you have business at City Hall please call the specific department and schedule an appointment, walk-ins will not permitted.
- Access to City Hall will only be granted through the City Hall Ave. handicap accessible ramp / doorway with a pre-scheduled appointment.
- The doors of Town Hall are locked. They will let you in the building to conduct business.
- Federal and State Income Taxes are now due July 15.
- GOVERNOR LAMONT ANNOUNCES MORTGAGE PAYMENT RELIEF DURING COVID-19 CRISIS. For more information please follow the following **link**
- During the COVID-19 crisis the Torrington WPCA will be suspending RV septic dumping at the plant. The safety of our staff, community and environment are priority to us. Sorry this inconvenience, it will be posted when this service will be available again.
- In response to the Governor's Executive Orders, all public meetings will be conducted remotely using the ZOOM Cloud Meeting platform. Members of the public may join and listen to live meetings in real time by phone or online. For more information visit our website

Parks and Recreation

- All programs and activities, operation of the Teen Center, bus trips, and walking at the Armory, have been suspended until further notice.
- City Parks remain open currently, however the public is reminded to follow the guidelines outlined by the CDC and Governor Lamont's Office.
- All City athletic fields and recreation facilities will remain closed until further notice for any organized team/league activities and groups of greater than 5 people.

- All playgrounds, basketball courts, outdoor fitness equipment, and the Skate Park in the City of Torrington will also remain closed until further notice.
- The Parks and Recreation Offices are closed to the public. Staff are available via phone and email with all contact information located **here**

Economic Development

- Rista Malanca, Economic Development Director is here to help. Please email her with any questions or assistance you may need at **Rista_Malanca@Torringtonct.org**
- Sign up for Torrington's E-News for Business **here**
- Resources to assist Businesses during the COVID-19 Pandemic are listed on the City's **website**
- Free advertising Platform for the City of Torrington Businesses at both DiscoverLitchfieldHills.com and Itshappeninghere.com. For more information visit our **website**

Land Use

- The Zoning Enforcement officer has temporarily suspended enforcement of all A-Frame and Banner signs. Details can be found **here**

SOCIAL SERVICES

YOUTH AND FAMILY SERVICES

- Beginning 5/1 Friendly Hands Food Bank will be open on Friday from 9 AM to 1 PM, in addition to their normal hours of Monday-Thursday 9 AM to 3 PM. (See the flyer at the conclusion of this update for more information)
- In case of job loss caused by COVID-19 please visit the **State's Department of Labor Page**
- Other services are available by contacting 211
- Behavioral Health and addiction recovery services are available and easily accessible via telehealth. Please connect with one of our local recovery navigators for help (Attached as the last page of the update).
- Support Services and resources for Parents Children, Mental Health, and Basic Needs can be found **here**
- Resources for people in crisis, as well as behavioral health and addiction support resources can be found **here**
- For information regarding elderly services please contact the Sullivan Senior Center at phone number 860-489-2211 or reference their website **here**
- Our local Food Banks need your help. Please consider making a monetary donating or non-perishable foods to the Friendly Hands Food Bank and the Community Soup Kitchen. There are collection boxes at our local grocers. Visit their webpages for more information at https://friendlyhandsfood.org/ and https://www.torringtonsoupkitchen.com/
- Unfortunately, the cooperative Native Plants week event between THS students, the Sullivan Senior Center, and Sharon Audubon has been postponed until a later date. Visit **here** for more information.

TORRINGTON PUBLIC SCHOOL DISTRICT

- Schools will remained closed through May 20, 2020
- Distance learning for students continues to work well! We will continue to post more lessons during the closures. Designating a specific time for school work will provide stability for your children.
- Please visit our district website at **www.torrington.org** for resources. Email is the most efficient way to contact us at this time. School and district emails are listed on the district website.
- There has been an increased volume of requests at **help@torrington.org**. Our technicians are responding as quickly as possible. Thank you for your patience.
- EdAdvance will continue to provide free meals for all children Monday through Friday.
  -Drive through service: 11:30 am to 1:00 pm at Vogel Wetmore School
  -Walk up service 11:30 – 11:50 am: Woodland Hills, 330 Highland Avenue in front of the playground Northside Terrace at 4 Terrace Drive in front of the playground, corner of Cherry St & Berry St, corner of Palmer Bridge & Oak Ave, and corner of Park Ave & Linden St.
- Laptop distribution dates will be posted on the district website as they are scheduled. A phone and email announcement will also notify families of the distribution.
- At this time, all school playgrounds are closed for group activities.

COMMUNITY OUTREACH AND DONATIONS

- Former teacher at Forbes School, Sue Pelchat is coordinating comfort and support efforts for patients at Charlotte Hungerford. Pelchat is seeking portable DVD players, DVDs, and baby monitors with video capability to provide some “distraction” for those who are ill. If you have a portable DVD player and/or appropriate DVDs that you could donate to the hospital, they would be much appreciated. You can contact Sue Pelchat directly at sgpelchat@sbcglobal.net.
- Are you looking to volunteer to help our community during this time? If so follow click here
- The American Red Cross is facing a severe blood shortage due to the coronavirus outbreak. Healthy individuals interested in making a contribution can visit this **link**

■ Hartford HealthCare is accepting donations, including the following items:

*Disposable head covers
*Disposable Gowns
*Disposable Gloves
*N95 respirator face masks
*Disposable face masks
*Face-shields/goggles
*Coveralls/scrubs
*Shoe-covers
*Disinfection wipes and liquids
*General-purpose hand cleaners

Please bring donated items in original, unopened packaging. Please contact Joyce Germano our CHH staff representative at P#860-496-6719 to coordinate drop off times.

Together we are strong.
Together we are resilient.
Together we are Torrington.

Recovery Resources during COVID-19

Provided by the Litchfield County Opiate Task Force

April 16, 2020

Recovery Navigators

Start with a call to one of our community recovery navigators or case managers who can assist you with navigating treatment and support services.

Charlotte Hungerford Hospital

Ralph Baker, Community Case Manager
(860) 459-9726

CHD

Donald Wright, Recovery Coach
(860) 921-3670

CMHA

Chuck Bascetta, Recovery Support Specialist
(860) 384-9430

Greenwoods Counseling Referrals

Sarah Toomey, Community Outreach & Recovery Navigator
(860) 309-3845

McCall Center for Behavioral Health

Glenn Ryan, Director of Special Services
(860) 485-8605

Local Mental Health & Addiction Services

While treatment may look different during this time, agencies are still open and offering services, including counseling, groups, and medication assisted treatment like Suboxone.

McCall Center for Behavioral Health

Outpatient, IOP, Groups, MAT, Inpatient, Residential, Prevention, and Family Programs
(860) 496-2100, mccallcenterct.org
M,W,Th: 8AM-9PM; Tu: 8AM-8PM; F: 8AM-5PM

Greenwoods Counseling Referrals

Outpatient, Groups, Family Support, MAT
(860) 567-4437, greenwoodsreferrals.org
M-F, 8:30 AM – 5:00 PM

Help, Inc. Watkin's Network

Outpatient, IOP, Groups, and MAT
(860) 482-7242, cnvhelp.org/watkins-network
M,W,Th:1PM-9PM, Tu:11AM-7PM, F:9AM-5PM

Charlotte Hungerford Hospital Behavioral Health

Outpatient, Dual Diagnosis IOP, Partial Hospital Program, Groups
(860) 496-6363, charlottehungerford.org
M,Th: 8:30AM-8:00PM, T,W,F: 8:30AM-5PM

MCCA - Torrington

Outpatient, Groups, MAT
(860) 482-2613 ext 2400, mccaonline.com
M-F 9AM-5PM, can accommodate need for later sessions

ROOT Center

MAT, IOP, Groups, Outpatient
(860) 482-8796, rootcenter.org/torrington-clinic
M-F: 5:30AM-5PM

Western Connecticut Mental Health Network

Behavioral health, Mobile Crisis Team
860-496-3700
M-F: 8AM-4:30PM

Catholic Charities

Behavioral Health, food pantry by appt only
(860) 482-5558
M-F 9:00 AM-5:00 PM

Synergy Advanced Healthcare

MAT, Outpatient counseling
(860) 618-7575, synergyhealth.care
W,Th,F: 9AM – 6PM

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Naloxone & Harm Reduction

Please connect with us to obtain a Narcan kit & other harm reduction information + supplies.

LCOTF Rover

Lauren Pristo, Network Coordinator
(860) 626-3194, text or call
Supplies are available and delivered via exchange using social distance

Other Helpful Resources

ACCESS LINE: 1-800-563-4083

BEACON WARM LINE FOR RECOVERY SUPPORT: (877) 552-8247, select prompts 1,1, & 1. Para español, seleccione el numero 2 & 2.

Mobile Crisis Team: (860) 482-1500

Mobile Crisis for under 18: Dial *2-1-1, select prompt 1

Additional recovery resources, children & family's resources, and more:

mccallcenterct.org/resources

greenwoodsreferrals.org/all-resources/

COVID-19 Resources

www.ct.gov/coronavirus

uwc.211ct.org/covid19resources/#COVID-19

For each drive up donation you give you are entered into our drawing for our DINNER FOR DAYS Gift Card Basket

FRIENDLY FOOD DRIVE FRIDAY

Join us as we celebrate our new Friday Hours

Friday May 1st

9:00 - 1:00 p.m.

50 King Street
Torrington